



**Universität
Zürich** ^{UZH}

UZH International Summer Schools

On-campus
Summer School
Apply by
24 April 2025



Healthy Longevity

**Research and Innovation for Healthy
Ageing and Longevity**

30 June – 18 July 2025

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**SUMMER
SCHOOL**

**UZH Healthy Longevity Center
in collaboration with Global Student Experience**

Course Description

This immersive summer school offers a rare blend of and unique insights into cutting-edge research and hands-on experience in healthy longevity, delivered by an interdisciplinary team of experts from UZH and top global institutions. With its unique geographical position in the heart of Europe and near innovation pioneers in various public and private sectors (Pharma industry, World Health Organization, finance), the program includes unique opportunities for site visits in healthy ageing and longevity stakeholders.

Engage in focused group hackathons and innovations to develop socially and individually relevant applications and innovations for healthy aging and longevity.

What you will gain:

- **Interdisciplinary Insights:** Learn about the latest theoretical, empirical and practical knowledge on healthy aging and longevity.
- **Real-World Applications:** Gain an understanding of how ageing affects both individual and societal health and explore emerging trends shaping the longevity sector.
- **Market-Ready Skills:** Learn about the opportunities and challenges in translating longevity research into impactful market applications.

Hosting Institute Faculty of Arts and Social Sciences, Department of Psychology & UZH Healthy Longevity Center
Course Directors Prof. Dr. Mike Martin & Dr. Christina Röcke
Language English
Credits 6 ECTS
Target Audience Advanced Bachelor and Master students

Join our
brand-new
summer
school course!



Main Learnings

- Gain a solid grounding in general lifespan psychological theory to ageing and longevity
- Gain expertise related to the field of healthy ageing and longevity from the viewpoint of psychology, medical sciences, geography, economics, implementation science and mind-body medicine and data science
- Build knowledge on and understand the relevance of both individual and structural dynamics for healthy ageing and longevity
- Gain knowledge on mechanisms and counter measures against ageism

Teaching and Learning Methods

- **Podcasts:** Watch pre-recorded sessions on demand
- **Interactive Lectures:** Engage with our lecturers and benefit from their expertise
- **Reading list:** Get relevant reading material, including background readings and examples of research-practice/innovation use cases and case studies
- **Tutorials and Q&A sessions:** Engage directly with our teaching team
- **Group work:** Interact with other students and work together in preparing a case study
- **Innovathon:** Put your newly acquired theoretical knowledge into practice and engage actively with a fictional case in the field of «healthy ageing and longevity counseling» as well as innovation
- **Science communication / Pitching:** Receive targeted training and feedback on how to effectively present your research to different stakeholder groups to facilitate broad translation into practice and industry application.

Fees

The regular fee for this on-campus Summer School starts from CHF 3'450.

The fee includes:

- Tuition and application fee
- Accommodation
- Final certificate and transcript
- Classroom teaching
- An exciting social program that will foster your intercultural competence

Scholarships

We offer generous discounts to students from UZH partner universities, including strategic partners and international networks (Una Europa, Universitas 21 and LERU).

State your interest in a scholarship in your motivation letter. Once we have received your application, we will notify you of any potential discounts available to you.



Application

This course is open to all Advanced Bachelor and Master students with a strong interest in the topic. Basic knowledge in psychology / gerontology / developmental studies or related fields is desirable, but not mandatory. Podcasts and a reading list will be provided before the start of the program to ensure that all students share a common level of knowledge.

Please apply online on our registration platform as soon as possible to avoid disappointment. We will carefully check your application and get back to you within seven days. For further information on the application process please visit www.summerschools.uzh.ch.

Contact

University of Zurich
Global Student Experience
Raemistrasse 71
CH-8006 Zurich

summer@int.uzh.ch



<https://t.uzh.ch/1Np>

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at the latest, the
sooner the better!